

The iliac crest is the broad upper border of the ilium and it and its bony projections at the anterior and posterior ends are all readily palpable. The iliac crest begins at the anterior superior iliac spine, which lies at the lateral end of the fold of the groin and may be visible in thin subjects. The iliac crest can be palpated throughout its entire length as it passes postero-superior to its highest point then postero-medially to the posterior superior iliac spine, which lies approximately 5cm from the S2 tubercle, deep to the sacral dimple.